

Brookestone Meadows

M O M E N T S

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Administrator's Message

Dear Friends of Brookestone Meadows:

Results matter! You may have noticed this phrase on some of our marketing materials in recent months. Usually, when we talk about our results, we are talking about clinical measures for patients and residents. We track admission rates, average length of stay, re-hospitalization rates, infection prevention rates, and many other hard data.



Roger Beins

We also gather information that is not so clinical that helps us look at ourselves; that is pretty subjective; and is challenging to measure and analyze. That is precisely why Brookestone Meadows has contracted with a company called **My Inner View** to conduct surveys, analyze, and report results of employee, patient, and family satisfaction. **My Inner View's** premise is "**Because Knowing More Matters Most.**" We feel the same way. The more we know about how people feel about Brookestone Meadows as an organization, the more we can impact those feelings in a positive way.

For the past 5 years, **My Inner View** has annually bestowed *Excellence in Action Awards* to their client facilities (approximately 5,000) that score in the top 10% in customer or workforce satisfaction nationwide.

I am proud to announce that *Brookestone Meadows has been awarded 2010-2011 Excellence in Action Awards in both the Customer (patient) and Workforce (employee) categories!*



We are one of only two facilities in Nebraska to achieve this distinction. The other facility is our sister facility **Heritage of Emerson**, located in Emerson Nebraska.

It is gratifying to know that our ongoing efforts to promote "Dignity in Life" for our patients, residents, and staff are paying off. It is a testament to the Mission, Vision, and Values of Vetter Health Services that eleven of thirty-three VHS facilities earned at least one award.

We thought you should know; Results matter!

Building Strength and Confidence Using NASA Technology at Brookestone Meadows!

Lindsey Hess, OTR/L Therapy Program Manager

If you have been to Brookestone Meadows lately you may have heard about our new "space machine". While it is true that we have a new piece of therapy equipment, we have not sent anyone out to explore the stars or other planets. What we have purchased is the newest in state-of-the-art technology for rehabilitation; the Alter-G anti-gravity treadmill.

The Alter-G was designed using NASA technology to unweight a person's body while walking on a treadmill. As part of the start up procedure, the Alter-G measures body weight and can be



programmed to relieve precise amounts of weight, enabling the patient to ambulate more effectively and safely. It is beneficial for patients whose pain or injuries inhibit them from standing or walking with full weight on their legs. By wearing a pair of shorts over your clothing and then being zipped into the treadmill, the machine operates similar to an air hockey table and lifts your body slightly to support a percentage of your body weight. We have found the Alter-G to be a great tool to use initially in therapy when walking with a walker seems too tough.

Prior to Brookestone Meadows, the Alter-G was used in the Omaha area primarily for sports injuries. The therapists here at Meadows learned about the treadmill and immediately desired to incorporate its use with the geriatric population. "So many times we have patients who have so much potential! They simply are not ready to stand and walk when they first arrive here. The Alter-G has enabled us to get people up and on their

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Brookestone Meadows

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 This Care Facility is a Proud Member of the Vetter Health Services Family

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feet sooner, and for much greater lengths of time!" says Amber Salwei, PTA.

Brookestone Meadows is happy to be the first long term care facility in Nebraska to have the Alter-G treadmill. "We strive to provide cutting edge treatments during a person's rehabilitation stay here!" states Jill Churchill, OTR/L. The Alter-G treadmill allows Brookestone Meadows to do just that!



For more information on the Alter G and its uses, please log on to their website at www.alter-g.com.

Outpatient therapy services are offered here at Brookestone Meadows. Please call Lindsey at (402) 289-2696 ext. 112, if interested.

Brookestone Meadows

Admissions Team...



Jenny Trebold



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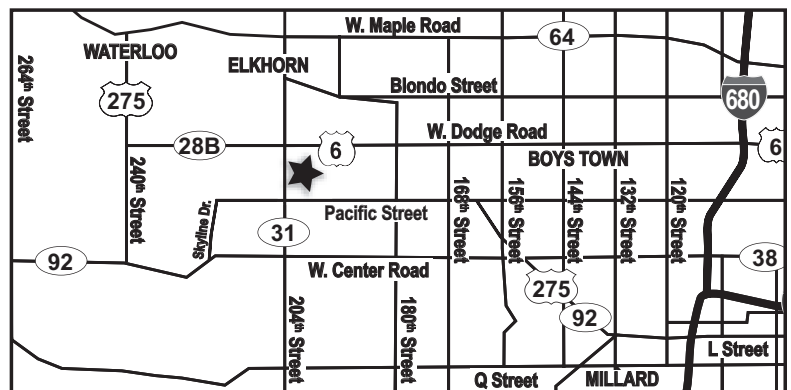


Joleen Weekly



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Take the Dodge Expressway West to Elkhorn Exit – 1/2 mile South



www.BrookestoneMeadows.com
(402) 289-2696